## **Bonnie & Clyde Pairs League**

## Game Play

- 1. Each team will play 4 x 18 minute time slots each week. Within those time slots, each team will play one game 0-25, cap at 25 if time permits.
- 2. Teams are allowed to play shorthanded (the minimum is 4 players on the court). Shorthanded teams must still follow a rotation but are allowed to have 3 players in the front court when playing co-ed. When playing reverse, the number of females will dictate the number of front court players shorthanded teams will have. If a team has less than 4 players will be a default.
- 3. **LATE:** If both players are late 10+ minutes for the 1st game they will **lose** 1 Win. The pairs team will also **lose** another Win if they are 10+ minutes late for the 2nd game (maximum of 2 wins **subtracted** from standings)
- 4. DEFAULT: Both partners are allowed to miss 1 week & still have their points count towards their standings, however the pair "must" arrange their own subs. After the 1st time and thereafter, if a pair is away they will receive 0 wins for the week. If a pair is away at any point of the season without confirming a sub will take their place, the pair will lose 2 wins. \*keep in mind that if a pair or sub(s) do not show up it impacts the team they were supposed to play with dramatically. 6 on 4 sucks!!!
- 5. Teams ARE permitted to bring subs, however, they must have signed the Off Limit Sports waiver (either in person, or online).
- 6. Teams ARE permitted (and encouraged) to get a sub from another team if they are not playing at that time. We promote being social and have no problems with players getting to know players from other teams.
- 7. There will be 12 Weeks of Regular Season. There are no playoffs for this format.

## Game Rules

- General rules for game play will follow those pointed about by Volleyball Canada. However, Off Limit Sports Social Rules listed here will take precedence. I.e. Teams are not required to wear uniforms, not required to hand in line ups etc. Volleyball Canada Rules can be found here: <u>http://bit.ly/17ZOkQ4</u>
- 2. Serves must start behind the baseline and no steps into the court are allowed.
- 3. The gym ceiling is slightly low. We will allow the ball to be played on your own side if it hits the ceiling. The ball cannot hit the ceiling and progress towards your opponent's side.

## **Rules Specific to Reverse 6's**

- 1. Males are not allowed to jump serve
- 2. There is no rotation on the court however there IS a service rotation that must be followed. The serve rotation must alternate male, female, etc
- 3. Males are not allowed to play the ball over the net if they contact the ball above the height of the net and are standing or jumped from in front of (or on) the attack line (i.e. cannot front row block, cannot attack in front of the attack line).