

# Coed 6's Indoor Volleyball Rules

1. There are no referees, so players must call their own violations. In the event of a disagreement which last more than 15 seconds, no point is awarded for either team please re-serve the ball. Please maintain the integrity and social aspect of the game, this will ensure your games are fun and enjoyable.
2. If a team does not have the minimum required players after 10 minutes of the scheduled start time, they will lose the first game 0-10. If a team does not have the minimum requirements after 20 minutes after the scheduled start time, they will lose the entire match.
3. Blocks DO NOT count as a touch. However, if a blocker plays up their own block, it's counted as 1 touch.
4. Players are NOT allowed to come into contact with the centre line. This is a rule that we have established for safety reasons.
5. Net Rule: **Competitive Division and higher** – So long as you do not interfere with the play, players are allowed to touch any part of the net except the top white tape. Touching the top white tape is a violation.  
**Intermediate Division and lower** – Players are not allowed to come into contact with ANY part of the net
6. Any part of the body may be used to play the ball. However, you may not intentionally kick the ball.
7. Teams must follow the standard rotation (i.e. clockwise around the court). If you are rotating a player in, they will enter the court in the middle back position and exit the court after the serving position.
8. Teams are only allowed 5 consecutive serves. The serving team will rotate and retain serve. **This rule only applies to our Intermediate Divisions.**
9. A serve MAY be volleyed.
10. A serve MAY NOT be blocked.
11. If the ball touches the antennae it is "out". If the ball hits the line of the courts, it is "in".
12. Players are allowed to substitute for teams provided they have signed and handed in a waiver. Waiver can be read and printed @ <http://offlimitsports.com/terms>
13. In order for a player to be eligible for playoffs, they must have played 1 week with the team during the regular season. For those players subbing for a regular season game that are not on the roster, a sign in sheet must be signed with the league coordinator prior to the start of the games.
14. Teams are allowed to play the ball off the ceiling provided it is within their 3 hits and the ball does NOT hit the ceiling and travel over the net (only at St Helen's school and CALC).

## 15. HAVE FUN!

**\*Format Info and other Rule Additions are program specific. Please refer to the introduction emails for this additional info\***