



# Reverse 6s Court Volleyball Rules

## **Game Play**

1. Each team will play 2 x 35 minute time slots each week. Within those time slots, each team will play two games 4-25, cap at 25 if time permits.
2. If a team does not have 5 players by 10 minutes after the scheduled start time, they will lose the first game by default, 0-10. If the team does not have 5 players by 20 minutes after the scheduled start time, they will lose the second game by default, 0-10.
3. Teams ARE permitted to bring subs, however, they must have signed the Off Limit Sports waiver (either in person, or online). Subs must sign in with the ref and will be added to the playoff eligibility list for the team they subbed for.
4. Teams ARE permitted (and encouraged) to get a sub from another team if they are not playing at that time. We promote being social and have no problems with players getting to know players from other teams.
5. Playoff Eligibility – Only players that have subbed at least 1 week for a team ARE eligible for playoffs. Players who are already playing on a team CANNOT play on a second team for playoffs.
6. There will be 10 Weeks of Regular Season and 2 Weeks of Playoffs

## **Game Rules**

1. General rules for game play will follow those pointed out by Volleyball Canada. However, Off Limit Sports Social Rules listed here will take precedence. I.e. Teams are not required to wear uniforms, not required to hand in line ups etc. Volleyball Canada Rules can be found here: <http://bit.ly/17Z0kQ4>
2. Serves must start behind the baseline and are only permitted 1 step into the court on contact.
3. Males are not allowed to jump serve
4. There is no rotation on the court however there IS a service rotation that must be followed. The serve rotation must alternate male, female, etc
5. Males are not allowed to play the ball over the net if they contact the ball above the height of the net and are standing or jumped from in front of (or on) the attack line (i.e. cannot front row block, cannot attack in front of the attack line).